

THE INIS OIRR SET

The first three figures of this set are danced as half-sets and the fourth as a full set.

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| First Figure - Crossover (Reels) | 120 bars |
| a) Crossover , ladies R to R (2 bars) and gents L to L (2 bars) and repeat the movement back to place (4 bars). | 8 bars |
| b) Step it out: | 8 bars |
| c) Swing , with ceili hold. | 8 bars |
| d) Ladies chain | 8 bars |
| e) Step it out. Swing. | 16 bars |
| f) Waves: | 16 bars |
| g) Step it out. Swing. | 16 bars |
| h) Waves. | 16 bars |
| i) Step it out. Swing. | 16 bars |
| Second Figure - Ladies chain (Reels) | 160 bars |
| a) Ladies chain. | 8 bars |
| b) Step it out. Swing. | 16 bars |
| c) Dance around each other: <i>1st lady and 2nd gent.</i> | 8 bars |
| d) Swing: | 8 bars |
| e) Waves. | 8 bars |
| f) Repeat (c) and (d) | 16 bars |
| g) Waves. | 8 bars |
| h) Step it out. Swing. | 16 bars |
| i) 2nd couple dance(c) | 16 bars |
| j) Waves. | 8 bars |
| k) Repeat (i) | 16 bars |
| l) Waves. | 8 bars |
| m) Step it out. Swing. | 16 bars |
| Third Figure - The Three and One (Reels) | 160 bars |
| a) Ladies chain. Step it out. Swing. | 24 bars |
| b) House on the inside and drop the lady | 8 bars |
| c) Couples advance and retire, ladies turn in beside 2 nd gent. Couples advance and retire. | 16 bars |
| d) Swing in four: | 16 bars |
| e) Ladies chain. Step it out. Swing. | 24 bars |
| f) House on the inside: <i>2nd couple</i> lead to repeat (b). | 40 bars |
| g) Ladies chain. Step it out. Swing. | 24 bars |
| Fourth Figure - The Full Set (Polkas) | 136 bars |
| a) Circle: | 8 bars |
| b) Dance at home. | 8 bars |
| c) Circle, and ladies move on.. | 8 bars |
| d) Dance at home. | 8 bars |
| e) Repeat until back at home. | 48 bars |
| f) Advance, retire and crossover: | 24 bars |
| g) Ladies chain. Step it out. Swing. | 24 bars |