

The Sliabh gCua Set

(This set comes from County Waterford)

	Figure 1 Polkas	72 Bars
(a)	Tops Slide and Swing; Top couples slide to centre and back (4 bars) then swing.	8 Bars
(b)	Chain; Top ladies chain, right hand in centre, left arm to opposite and return to place	8 Bars
(c)	Tops House and Swing; Top couples house around and swing.	16 Bars
(d)	Side couples repeat (a) to (c)	32 Bars

	Figure 2 Polkas	128 Bars
(a)	Slide and Swing; All couples slide to centre and back, then swing.	8 Bars
(b)	Tops Advance, change over and repeat to home; Top couples advance and retire, turn lady once to opposite, advance and Retire and return to home.	16 Bars
(c)	Tops Swing; Tops swing in place	8 Bars
(d)	Sides repeat (b) to (c);	24 Bars
(e)	Tops Advance, retire and change over; Top couples advance, retire and change over.	8 Bars
(f)	Sides repeat (e);	8 Bars
(g)	Chain back to place All face partners, right hand in right and chain back to home.	8 Bars
(h)	All Swing;	8 Bars
(i)	Repeat (e) to (h);	32 Bars

	Figure 3 Polkas	152 Bars
(a)	Circle, Swing; Circle advance and retire twice and swing.	16 Bars
(b)	Swing in Centre; Top gent and opposite lady swing, while their partners change over on the right to opposite side	8 Bars
(c)	Swinging Couple dance around each other; Swinging couple finish the swing with their backs to their partners, then dance around each other left shoulder to left once, finishing beside their own partners.	8 Bars
(d)	Top couples advance and retire and house to home; Top couples advance and retire and house back to home.	8 Bars
(e)	Top couples repeat (b) to (d) with second and top lady leading;	24 Bars
(f)	Top couples swing;	8 Bars
(g)	Side couples repeat (b) to (f);	56 Bars
(h)	All advance and retire and swing	16 Bars

	Figure 4 Polkas	248 Bars
(a)	Top ladies chain and house; Top ladies chain and house around.	16 Bars
(b)	First top couple 'bring up the figure'; First top couple slide to centre and back, turn once and repeat this movement.	16 Bars
(c)	Top couples house around;	8 Bars
(d)	Top couples repeat (a) to (c) with second top couple dancing at (b);	40 Bars
(e)	Top couples swing;	8 Bars
(f)	Side couples Repeat (a) to (e);	88 Bars
(g)	Circle and Swing; All circle, advance and retire twice and swing.	16 Bars
(h)	All dance the long Body: All couples side to centre and back, dance on to next position turning twice. Repeat this until back at home.	32 bars
(i)	All repeat (g);	16 Bars

	Figure 5 Polkas	88 Bars
(a)	Circle advance and retire, swing; All couples take hands in a circle, advance and retire twice and swing.	16 Bars
(b)	Circle, ladies move and repeat to home; Circle advance and retire twice and ladies swing gent on right, repeat this movement until they swing with their own partner.	64 Bars